



### **Are You Juggling For Joys?**

I think about what I am going to write for several weeks before I actually sit down at my computer and pour out my thoughts. (I call it percolating!) I had the October ezine all written and ready to go!! I had it all planned...AND then my friend's 43 year old sister, Diana, passed away unexpectedly on Sept 30th! She was totally "tasting life," and, as the priest said during the homily, "grabbing life," as she was a pilot and photographer. She was in Hibbing, MN to photograph a wedding the next day. I don't think Diana planned on dying.

During this same time, I not only had a friend's VISA card (mixed up at the restaurant), but had been using it (to Gary's dismay); two friends had lost their jobs; a friend got cancer; a client inherited 4 children ages 2 – 7 (ahh...life's list goes on and on), and I am truly concerned about a family member's health! I juggled my schedule to "fit" it all in.

You can spend a lifetime working and planning for "how it will be" and miss all the good stuff (JOY) in between. If you keep one eye on the future and worry about what it will bring and one eye on the past, how much time will you have for the present? Yes, life is full of juggling. Juggling to fit it all in. Can you ever fit it all in? You can choose to juggle your joy as I have. You can enter your joy-zone every moment and from that zone, do whatever it is you are going to do — with JOY!

You can make a choice right now, the minute you are reading this — To wait for joy, that "someday JOY," or make a choice right now to juggle your joy every single day. Life is short — make it sweet! Juggle Your Joy!